

# Welcome



*W*e're glad you're here and we look forward to walking with you in the days ahead.

## **Confidentiality**

We guard the information you entrust to us—it's the fine china of your life. All communication between you and your counselor is confidential, unless you (or parent of a minor) give authorization to release it. Exceptions: (1) if you express intent to harm yourself or another, (2) if there is evidence or reasonable suspicion of abuse against a minor, elder person, or dependent adult, or (3) if a subpoena or court order requires disclosure.

Your counselor may consult the Director of Counseling for guidance. Your counselor may seek the wisdom of another counselor within the Center, without the use of your name, in order to seek further wisdom. This collaboration can be an important aspect of the counseling process.

## **Appointments**

Our counselors work by appointments. Please be on time, and try to contact us 24 hours in advance if you must cancel. To cancel, email your counselor or call 920-499-5561. If your counselor uses Acuity Scheduling, you should use this web address to cancel or reschedule: \_\_\_\_\_.

## **Our Commitments to You in Counseling**

What is "biblical counseling?" Biblical counselors are wise friends who are committed to providing you with wisdom, care, and hope. We'll encourage you to see life from God's viewpoint. We'll help you reconcile where reconciliation is needed. If behavioral change is needed, we'll help you see the deepest "why" behind your behavior and work with you to change. We'll guide you with wisdom from the Bible—you might be surprised how this old book speaks so clearly to your problems.

## **Your Commitments in Counseling**

1. To sharing your hurts and problems openly.
2. To carefully evaluate your desires, thoughts, and actions.
3. To come to each session prepared to review your progress.
4. To commit to completing personalized assignments.
5. To regular attendance at your church or ours. Change is helped by the relationships of a church body.